



2009 / 2010 Season  
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# Laces

## Gilmour Academy's Figure Skating Newsletter

### Highlights of Each Edition

- **October, 2009:** Gilmour Skaters entered in Eastern Great Lakes Regional Championship ... Volunteers for 2010 Junior Nationals ... Reach for the Stars Seminars ... Announcing 2009 Holiday Exhibition ... Handling Competition Entries
- **November, 2009:** Results from Regionals ... Volunteers for Junior Nationals ... Competition Entries ... Ohio Basic Skills ... Synchro Blocks ... Locker rooms for Freestyle ... Basic Skills Competitions, by Susi Wehrli, USFS ... Learn to Skate ... Gilmour Greats
- **December, 2009:** Holiday Exhibition ... Holiday Exhibition Flower Sale ... Synchro Blocks ... Ohio Basic Skills is Underway
- **January, 2010:** National Figure Skating Month, Volunteering at Junior Nationals, Gilmour Skating Spiritwear, Finding out about Competitions, Tests and USFS Rules
- **February, 2010:** More National Figure Skating Month, Ice Etiquette, Spiritwear

